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WELLCOME OM'S 5TH ANNUAL

# EARTH DAY

### CELEBRATION





SATURDAY, APRIL 20TH, 2024 ~ 9AM-3PM











Over 60+ Vendors • Food Trucks • Garden Activities • Music • Fitness Demos • Eco Talks • Artists • Kid's Activity Zone • Interactive Drum Circle and more!

Free Admittance and Free Parking Onsite ~ Please Consider Carpooling

<sup>†</sup> 4242 Lake in the Woods Dr., Spring Hill, FL 34607





WellComeOmCenter.com 352-600-4242











## EARTH DAY CELEBRATION



SATURDAY, APRIL 20TH. 2024 ~ 9AM-3PM

9AM	<b>Yoga on the Lawn</b> with Bettina Fegan	11:30AM	Reptile/Bug Show Dundee Farms, Front of Heal Bldg
10AM	NIA (Non-Impact-Aerobics) w/ Gail Mongiello, Studio	12PM	Sound Healing Journey w/ Natalia Odorodko , Studio
	Mushrooms 101 w/ Michael Bonanno, Garden Stage		Edible & Native Plants w/ Steven Turner, Garden Stage
10:30AM	CBD 101: Plants as Medicine Nurses with a Mission, Heal Bldg	12:30PM	Identify Your Spirit Totem w/ Jayne Arrington, Heal Bldg
	SOS: Sky Above Earth Below Dr. Maria, Garden Stage	1PM	Drum Circle Facilitated by GivingTree Music, Garden Stage
11AM	Qi Gong/Tai Chi w/ Paula Nelson, Studio	2PM	World Peace Meditation w/ Diane Friedberg, Studio



### **Entertainment**



- Live Artist Presentation w/ Johan Casadiego
- Fairy Dance Flash Mobs w/ DanceCraft

#### Kid's Area

- Planting Station & Rock Painting
- Mini Canvas Art w/ Traveling Art Parties
- Kid's Homesteading Story Time w/ Author April Johnson
- Kids Yoga & Story Time w/ Author Betty Larrea

Presented By:









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